

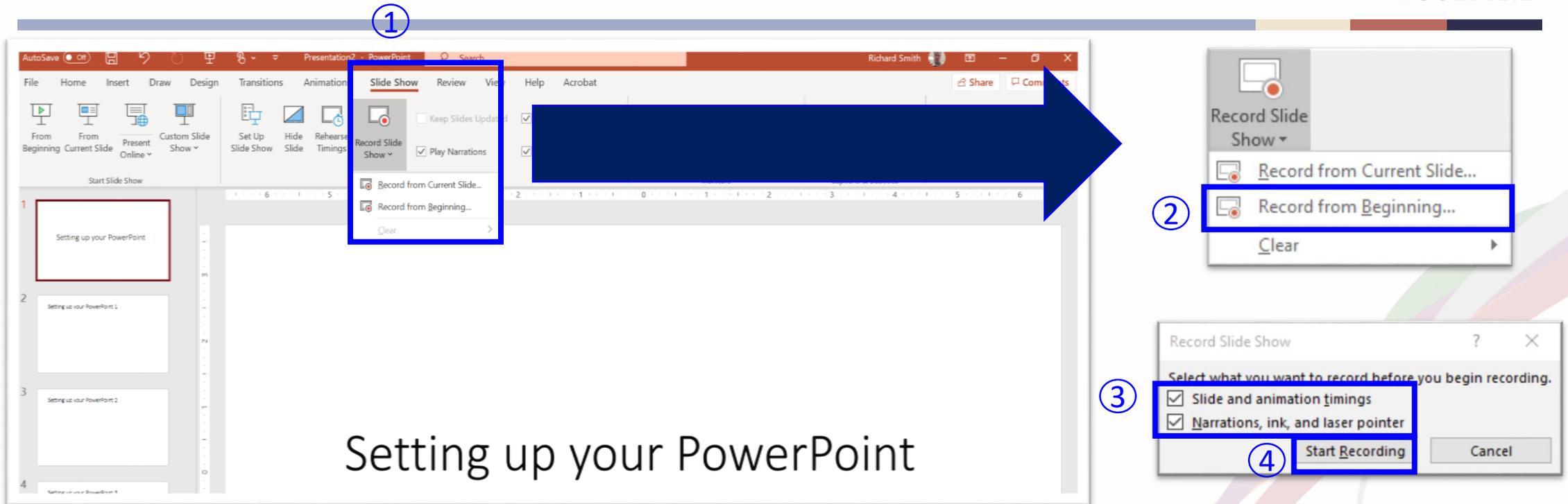


ICoLA 2021

The 10th International Congress on Lipid & Atherosclerosis

Making a Video for E-POSTER

With your presentation open, on the ① Slide Show tab, click ②③④ Record Slide Show.



The screenshot shows the PowerPoint interface with the Slide Show tab selected. A blue box highlights the 'Record Slide Show' button, labeled with a circled 1. A large blue arrow points from this button to a dropdown menu, labeled with a circled 2. The dropdown menu shows 'Record from Beginning...' selected, also labeled with a circled 2. Below this, a 'Record Slide Show' dialog box is shown, labeled with a circled 3. It has two checked options: 'Slide and animation timings' and 'Narrations, ink, and laser pointer'. The 'Start Recording' button is highlighted with a blue box and labeled with a circled 4. The main slide content reads 'Setting up your PowerPoint'.

*** Remember**

PowerPoint doesn't record audio or video during transitions between slides, so don't speak while advancing the slide

To end your recording, right-click the final slide, and click 'End Show'

Turn your presentation into a video :

The screenshot shows the 'Export' menu in Microsoft PowerPoint. The 'Export' option is highlighted with a blue box and a circled '1'. The 'Create a Video' option is also highlighted with a blue box and a circled '2'. A mouse cursor is pointing at 'Create a Video'. To the right, the 'Create a Video' dialog box is open, showing three quality options: 'Full HD (1080p)', 'HD (720p)', and 'Standard (480p)'. The 'Full HD (1080p)' option is selected with a blue box and a circled '3'. Below the quality options, there are two radio button options: 'Don't Use Recorded Timings and Narrations' and 'Use Recorded Timings and Narrations'. The 'Use Recorded Timings and Narrations' option is selected with a blue box and a circled '4'. At the bottom of the dialog, there is a 'Create Video' button highlighted with a blue box and a circled '5'. The 'Seconds spent on each slide' is set to 06.00. A blue double-headed arrow is positioned to the right of the dialog box, indicating the range of options shown.

1. Click File > ① Export > ② Create a Video

2. Pick the quality ③ Full HD (1080p) and ④ Use Recorded Timings and Narrations

3. Click the ⑤ Create Video

Save/export your presentation to a video file format (.mp4)